# MEDGLOBAL REFERENCE GUIDE

Your trusted resource for dedicated, compassionate in-home care across the greater Dallas area



MedGlobal Home Health Care, Inc. 18601 LBJ Freeway, Suite 330, Mesquite, TX 75150

#### Get help managing DIABETES at home

- · Monitor unstable blood sugar levels
- Teach patients and families to administer medication and insulin
- Educate patients and families on diet and physical activity
- Assess need for PT and assistive devices due to obesity, blindness, neuropathy/paresthesia, or amputation
- Provide education and monitor care of lower extremities, especially feet

- Severe SOB
- · Exacerbations requiring ED or hospitalization
- · Difficulty leaving home to obtain medical care
- · Need for additional teaching



#### Assistance managing WOUND CARE

- Using EMR Wound Addendum
- · Monitor drainage, amount, type, odor and color
- Educate patients and families on the role of diet in wound healing
- Teach and track progression of wounds and associated pain

- Wounds and infections requiring ED and treatment
- Wound Vac
- · Difficulty leaving home to obtain medical care
- · Need for additional teaching



#### Help for CHF patients

- Teach patients and families about medications, diet, physical activity and managing CHF at home
- Educate patients and families on S/S of impending heart failure and how to respond to symptoms
- Assess cardiac function by checking vital signs and evaluating activity tolerance
- Reduce calls to physician's office due to CHF anxiety
- Teach and monitor care of lower extremities and feet

- Exacerbations requiring ED or hospitalization
- · Difficulty leaving home to obtain medical care
- · Disease-related anxiety
- · Need for additional teaching



#### Coping with COPD

- Thorough in-home evaluation of patient and environment
- Suggestions for medically-appropriate changes in the home
- Evaluate medication compliance and respiratory treatment equipment
- Teach usage for maximum effectiveness
- Evaluate, monitor and teach proper nutrition and hydration
- Teach how to control COPD-related anxiety
- Provide techniques on conserving energy

- Severe SOB
- Exacerbations requiring ED or hospitalization
- · Difficulty leaving home to obtain medical care
- · Need for additional teaching



#### Addressing CVA and its issues

- Educate patients and families on medications, physical activity, diet and managing deficits that come from CVA
- Teach patients and families about S/S of impending CVA and how to respond to symptoms
- Assess neurological function
- Assess, teach and monitor care of residual effects of CVA
- PT, OT and ST services available to assist in rehabilitation
- · Reduce calls to physician's office

- Exacerbations requiring ED or hospitalization
- Disease-related anxiety
- · Difficulty leaving home to obtain medical care
- · Need for additional teaching



#### Help managing PNEUMONIA

- Teach families and patients about diet, medications, fluid management and physical activity
- Educate patients and families on S/S of pneumonia and how to respond to symptoms
- Provide information about and monitor for respiratory infection
- Assess respiratory and pulmonary function by monitoring pulse oximetry and vital signs and evaluating activity tolerance

- Exacerbations requiring ED or hospitalization
- Disease-related anxiety
- Difficulty leaving home to obtain medical care
- · Need for additional teaching



### Providing and optimizing PHYSICAL THERAPY

- In-home evaluation of individuals with impairment, functional limitation or other health-related conditions
- Design, implement and modify therapeutic interventions to alleviate or limit impairment and functional limitations
- Use scientifically-based treatment techniques to get patients moving and enjoying life again
- Restore function, reduce pain and prevent injury
- Provide fall-safety evaluations and educate / make therapeutic interventions to reduce risk of falls

- · A recent decline in functional status
- Recent surgical procedures or orthopedic issues needing help to maximize functionality
- Difficulty leaving home to obtain outpatient PT
- · Need for additional teaching



#### Improving daily life with OCCUPATIONAL THERAPY

- In-home evaluation of individuals with impairment, functional limitation or other health-related conditions
- Design, implement and modify therapeutic interventions to alleviate or limit impairment and functional limitations
- Increase patients' independence using scientifically-based treatment techniques
- · Restore ADL's and IADLs, and reduce pain
- Help improve quality of life and patient/care giver's ability to safely stay at home performing ADLs
- Home adaptions or patient education to maximize safety and independence, particularly in the bathroom and kitchen

- Severe SOB
- Exacerbations requiring ED or hospitalization
- Difficulty leaving home to obtain occupational therapy
- · Need for additional teaching



# Using SPEECH THERAPY to improve communication

- In-home evaluation of patients with impairment, functional limitation or other health-related conditions that effect swallowing, communication, and/or cognition
- Design, implement and modify therapeutic interventions to alleviate or limit impairment
- Use scientifically-based treatments to restore or maximize swallowing, communication and/ or cognition to increase patients' independence
- Address problems that affect patients' overall health, well-being and ability to benefit from other medical or rehabilitation interventions

## MedGlobal Home Health Care benefits those with:

- A recent decline in swallowing/eating, communication and cognition
- Recent health condition requiring assistance to maximize speech, swallowing skills and/or cognitive communication skills
- · Difficulty leaving home to obtain outpatient ST
- Need for additional teaching or caregiver training



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#### MedGlobal offers SERVICES in Dallas and the surrounding counties

 Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Medical Social Workers, Home Health Aides, Diabetes, CHF, COPD Education, Wound and Ostomy Care

To refer a patient, you must provide an order from an MD, with an MD visit completed 90 days prior or 30 days after admission to MedGlobal.

MedGlobal accepts the following insurance coverage:

- Medicare
- Blue Cross Blue Shield
- Care Improvement Plus
- Molina
- Private Pav

